

## CLINICAL SERVICES

### COMPREHENSIVE HEALTH ASSESSMENT

A Registered Nurse will meet with you to complete a comprehensive health assessment and care plan. Our nurse provides support and teaching regarding pain and symptom management as well as health care system navigation and advocacy.

### DAY HOSPICE PROGRAM

Led by a Registered Nurse, and a team of trained volunteers, Day Hospice offers support to clients and respite for caregivers. Clients enjoy a nutritious home cooked meal and a variety of weekly activities in our home-like setting.

*Thursdays 10:00am - 3:00pm  
Transportation may be provided.*

### IN-HOME VISITING

Trained volunteers are matched with clients/families. They provide emotional support and companionship to clients while providing respite to the family.

### MEDICAL EQUIPMENT LENDING

BDH provides a wide range of assistive equipment to support clients at home. Equipment is loaned for a 3-month period. A full listing of equipment is available on our website.

## NETWORK OF SUPPORT

### COUNSELLING SERVICES

Individual, family and group therapy provided by an Integrative Counselling Therapist. Available to those diagnosed with a life-limiting illness, or anyone in the community who is bereaved.

### SUPPORT AND SHARE GROUPS

**Bereavement Support Group:** Gather with others to share experiences, process loss and find healing.

*Program runs 5:30-7pm on the 2nd  
Wednesday of each month.*

**Caregiver Coffee:** An opportunity for caregivers to connect and discuss the privileges, successes, strains, and challenges they are facing.

*Program runs 1-2:30pm on the last  
Tuesday of each month.*

### HEALTH & WELLNESS ACTIVITIES

BDH Health and Wellness Programs include: Therapeutic Art, Meditation, Walking Groups, Guided Journaling, Dance/Movement therapy, and Spiritual Care.

### HEALING GARDEN AND LABYRINTH

Surround yourself with the peace and tranquility of nature as you relax and reflect in the Beth Donovan Hospice Healing Garden and Labyrinth.

### EXPANDED LEARNING

Educational Presentations, Book Club meetings, Death Cafes are run throughout the year.

### RESOURCE LIBRARY

Books concerning living, end-of-life care, grief and bereavement, and dying are available to borrow. An online book search is available on our website.

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### MAKE A REFERRAL

Referrals can be made by clients (self-referral), family members, friends, clergy, physicians and other health care partners. A referral can be made via phone, in person, online or via fax. BDH does not accept referrals sent via email for security purposes.

**Hours of Operation:  
Monday- Friday  
8:30am-4pm**





## ABOUT US

BDH is a non-profit charitable organization offering support and professional care to individuals and their families as they journey through the challenges of progressive life-limiting illnesses and end-of-life transitions.

We strive for excellent care by enhancing dignity, comfort, choice and quality of life.

Our focus is on caring, not curing, and on living, and dying.

## OUR MISSION

Bringing hope and healing to the community through compassionate support and end-of-life care.

***BDH proudly serves the areas of North Grenville, Merrickville-Wolford and surrounding rural areas.***

Charitable Registration  
#107794000RR0001

# GET INVOLVED

## THERE ARE MANY WAYS TO GET INVOLVED:

### Volunteer

- Variety of Positions Available
- Flexible Commitment
- Ongoing Support
- Ongoing Education and Training Opportunities

### Become a Supporter

Corporate sponsorships and individual donations help us enhance and expand our free programs and services. Interested in supporting a BDH event or program? Contact us to learn how you can help.



1107 French Settlement Rd.  
Kemptville, ON K0G 1J0  
**613-258-9611**

[bdh@bethdonovanhospice.ca](mailto:bdh@bethdonovanhospice.ca)

[www.bethdonovanhospice.ca](http://www.bethdonovanhospice.ca)



## Embracing Life

and providing care and support through your journey.

[www.bethdonovanhospice.ca](http://www.bethdonovanhospice.ca)